

# September is Emergency Preparedness Month

The Walpole Board of Health is reminding everyone that the best way to protect yourself against weather or other disasters is to plan ahead (and don't forget to get your flu vaccine for this flu season!)

The Health Department will soon post when we are providing flu vaccines

Please make sure everyone has a family and pet emergency plan, a 72 hour go kit (see on web) and be sure to visit these sites

[CDC preparedness information](#)

[Emergency preparedness for individuals](#)

[Flu prevention information](#)

Remember CDC works with state and local health departments across the United States, as well as international partners around the world, to recognize disease patterns and improve the public health community's ability to respond to health threats. They play key roles in homeland security by maintaining the ability to detect and respond to outbreaks, as well as natural and man-made disasters, at home and abroad.

## **On another note:**

On September 9, Warner Brothers will be releasing the movie Contagion, a fictional drama that portrays CDC and other U.S. and international partners responding to an emerging infectious disease outbreak.

“Could this really happen?”

CDC responds, “Not only could it happen, CDC scientists are working 24/7 to find out if it's happening right now.”

To learn more about Contagion and how CDC protects America 24/7, visit the following sites:

[Contagion official website](#)

Directed by Steven Soderbergh, the movie stars Kate Winslet, Matt Damon, Jude Law, Marion Cotillard, Gwyneth Paltrow, and Lawrence Fishburne

[Contagion and CDC](#)

A website created by the CDC Foundation to help separate fact from fiction and to highlight CDC's role in preparedness and response

[CDC 24/7](#)

A CDC website that includes information you may find useful on how public health protects Americans from outbreaks



**Public Health**  
Prevent. Promote. Protect.