

www.blackburnhall.org

www.walpolerec.com

WALPOLE RECREATION



NOVEMBER

PHONE:

(508) 660-6353

FAX:

(508) 660-7398

LOCATION:

Blackburn Hall
30 Stone Street
Between Town Hall & Fire Department

MAILING ADDRESS:

Walpole Recreation Department
135 School Street
Walpole, MA 02081

EMAIL ADDRESS:

recreation@walpole-ma.gov

**FALL
BROCHURE**

ABOUT WALPOLE RECREATION

RECREATION COMMITTEE

Chairperson of The Recreation Committee

Dennis Ricci

Members

Frank Brown

Susanne Murphy

Robert Taglienti

Annelise Fair

Rich McCarthy - *Associate*

Lorraine Dundon - *Associate*

Rita Barrett-Cosby - *Associate*

COMMITTEE MEETINGS

The Recreation Committee meets on the following Wednesdays at 5:30 p.m. at the Recreation Office:

September 9

October 14

November 4

The public is welcome.

Please call the Recreation Department at (508) 660-7353 to confirm meeting date and location.

READING THE BROCHURE

Information pertaining to programs is listed as follows:

PROGRAM TITLE	CLASS #: use on registration form
Location	Time of program
PROGRAM FEE	Date(s) that the program is offered
Instructor	Ages or grade level of participants

This section provides a brief description of the program and any pertinent information of which you should be aware.

PROGRAM FEES:

All fees are for residents, unless otherwise noted

NR Non-Residents

SR Walpole Senior (**age 60 and over**)

If **SR** is not listed, that program has no senior discount.

MISSION STATEMENT

To enrich the quality of life in Walpole by offering first-rate programming that meets the recreational, educational and cultural needs of our community. To take pride in our facilities by keeping them safe and well-maintained for people of all ages. Our goal is to make Walpole the "Place to Be" for family fun.

STAFF & VOLUNTEERS

Josh Cole

Director of Recreation

Chad Norton

Recreation Coordinator

Joe Donnelly, Jr.

Assistant Recreation Coordinator

Susan Charette

Principal Clerk

Rich McCarthy

Volunteer

Natalie McComb

Volunteer - Breakfast Programs

Aicha Kelley

Events Coordinator

IMPORTANT ADDRESSES

Blackburn Hall	30 Stone Street
Lower Blackburn	First floor of Blackburn Hall
Recreation Office	First floor of Blackburn Hall
East Walpole Community Center	5 Wolcott Ave.
Stone Field	Next to Blackburn Hall
Bird Middle School	625 Washington St.
Boyden Elementary School	1852 Washington St.
Elm St. School	415 Elm St.
Fisher School	65 Gould St.
Johnson Middle School	111 Robbins Rd.
Old Post Road School	99 Old Post Rd.
Walpole High School	275 Common Street
Evolution Action Sports	661 Pleasant St., Norwood
Foxboro High School	120 South St., Foxboro
All About Quilts	958 Main St.
Planet Fitness	85 West St.
Archery USA	606 Providence Hwy., Dedham
Memorial Playground	Corner of School and Stone St.

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PROGRAM INFORMATION

TO REGISTER

- Resident fees apply to those living in Walpole.
- Registration is conducted on a first-come, first-served basis until the maximum number of persons per program is reached. **PROMPT REGISTRATION IS RECOMMENDED AS MANY PROGRAMS FILL UP FAST.**
- There will be **NO** registrations taken over the telephone.
- Complete payment must accompany each registration.
- Be prepared to demonstrate proof of Walpole residency.
- **MAIL IN REGISTRATION:** You can register by mail if unable to stop by the Recreation Department. No confirmation will be mailed.
- **ONLINE REGISTRATION:** We accept the following credit cards for online registration - Visa, Mastercard, and American Express.

NON-RESIDENT QUALIFICATIONS

Non-resident fees (**NON-RES**) apply to those not living in Walpole.

REFUNDS

Refunds will be made if programs are cancelled, already filled or if department changes in offerings prohibit your attendance.

FEE REDUCTION POLICY

The Walpole Recreation Department recognizes that the charging of fees for programs may place such an economic hardship on some individuals that they are unable to participate. For that reason, a fee reduction system is available for eligible residents of Walpole. Contact the Recreation Department for further information or to apply for the reduction. All inquiries are kept confidential.

WALPOLE SENIOR DISCOUNT

The Walpole Recreation Department provides a discounted rate on some programs for Walpole residents **OVER 60 YEARS OLD**. Please be prepared to demonstrate proof of Walpole residency. No such discount applies to non-residents. If an (**SN**) fee is not listed in the program description, that program has no discount.

INSURANCE / LIABILITY

The Walpole Recreation Department does not provide accident or hospitalization insurance for program participants. All participants are strongly advised to have adequate personal coverage. Participation in all programs shall be at the registrant's own risk.

ENROLLMENT

You are enrolled in a program once your registration is received at the Recreation Office. You will only hear from us if a program is full or cancelled. The Recreation Department does not issue confirmations.

PARTICIPANT / SPECTATOR BEHAVIOR

Behaviors of participants or spectators that pose a risk to the participant, other participants, staff or that alters the program to such a degree that we are no longer offering the intended program, will be cause to remove the participant or participants from the program either temporarily or permanently.

COMMUNITY EVENTS

DOG ROCK COFFEEHOUSE

Blackburn Hall Starts at 8pm; Doors at 7:30pm
\$10 PER PERSON / \$7 STUDENTS AND SR See dates below
Recreation Staff All ages welcome

This is the 2nd year of our Coffeehouse and the schedule has even more to offer than last year. The new sound and light system has been perfected and the headliners are ready to fill Blackburn Hall with top-notch performances. The Dog Rock Blend Coffee will always be fresh and tasty and the homemade treats will always be yummy. Anyone wishing to volunteer at the Dog Rock Coffee House, please contact the Walpole Recreation Department.

DATE:	ARTIST NAME:
Sept. 18	Rising Tribe
Oct. 16	Alastair Mook
Nov. 20	Tall Pines

36th ANNUAL WALPOLE ROAD RACE

Walpole High School Starts at 10am
\$22 DAY OF RACE Monday, Sept. 7
WHS Track and Cross Country Teams All ages welcome
Pre-register with separate form

The 36th annual Walpole Road Race will be held on Labor Day, September 7. The 10K race and the "Walpole Ed" 5K Run/Walk start at 10:00 a.m. in front of Walpole High School. Registration forms can be found at the Recreation Department, www.walpoleroadrace.org or register online at www.signmeup.com/65301. **THIS EVEN IS BROUGHT TO YOU BY THE FRIENDS OF WALPOLE HIGH SCHOOL TRACK.**

6TH ANNUAL WALPOLE ARTS & MUSIC FESTIVAL

On the fields outside Blackburn Hall 10:00am - 4pm
FREE Saturday, Oct. 3
Featuring artists/musicians/food vendors All ages

The 6th Walpole Arts & Music Festival is an eclectic event for children, adults, and seniors to admire artists of all types while they teach, learn, exhibit, and enjoy one another. Walpole will be host to painters, sculptors, musicians, puppeteers, jewelers, thespians, blacksmiths, poets, culinary aficionados, writers, and illustrators. Acoustic guitar performances by the following local musicians: Rob Amaral, David Cournoyer, Greg Colbath, Justin Dias, Steve Marchena, and Paul McDonough. All of these artists are featured in our newest music CD, "Walpole Rocks II: Live From the Dog Rock Coffeehouse." If you are interested in participating as an artist, please contact Aicha Kelley at 508-660-6371.

16TH ANNUAL HALLOWEEN PARADE CLASS #: WHP

Starts at Blackburn Hall Starts at 10:30am
\$1 / CHILD (ON OR BEFORE OCT. 17) Saturday, Oct. 31
Recreation Dept. Volunteers Children (w/ an adult)

There will be a \$2 registration fee per child after Oct. 17. During the parade, there will be a costume contest and then kids can trick-or-treat at participating downtown businesses. Registered children will be able to take part.

SPECIAL CLASSES

BIG TRUCKS DAY

Memorial Playground Parking Lot 10:00 - 11am
FREE Thursday, Oct. 15
 Big Trucks All ages

Come out to explore and enjoy some of our town's awesome big trucks. Please park at Blackburn Hall as there will be no parking in the Memorial Playground parking lot. In case of emergency, the big trucks may be unavailable.

PARENTS AT LEISURE

Lower Blackburn 9:30 - 11:30am
SEE FEES BELOW Monday - Thursdays: See dates below
 Aicha Kelley Ages 3 - 6

Each week the kids will look forward to learning about science, playing games and music, reading stories, making food and crafts from other countries and, when the weather permits, taking nature walks. You can sign up for a single day at a cost of **\$20 / \$25 NON-RES**, per child. For an additional fee of \$5 per day, your child can stay until Noon.

CLASS #:	DATES:	FEE:
PAL1A	Sept. 14 - Sept. 17	\$65 / \$70 NR
PAL2A	Sept. 21 - Sept. 24	\$65 / \$70 NR
PAL3A	Sept. 28 - Oct. 1	\$65 / \$70 NR
PAL4A	Oct. 5 - Oct. 8	\$65 / \$70 NR
PAL5A	Oct. 13, 14, 15	\$50 / \$55 NR
PAL6A	Oct. 19 - Oct. 22	\$65 / \$70 NR
PAL7A	Oct. 26 - Oct. 29	\$65 / \$70 NR
PAL8A	Nov. 2 - Nov. 5	\$65 / \$70 NR
PAL9A	Nov. 9, 10, 12	\$50 / \$55 NR
PAL10A	Nov. 16 - Nov. 19	\$65 / \$70 NR
PAL11A	Nov. 30 - Dec. 3	\$65 / \$70 NR

PARENTS AT LEISURE PLUS

Lower Blackburn 1:00 - 3pm
\$35 / \$40 NR Tuesdays and Thursdays: See dates below
 Aicha Kelley Ages 3 - 6

Same as our morning classes, each afternoon the kids will look forward to learning about science, playing games and music, reading stories, making food and crafts, and when the weather permits, taking nature walks. You can sign up for a single day at a cost of **\$20 / \$25 NR**, per child.

CLASS #:	DATES:
PAL1B	Sept. 15 & 17
PAL2B	Sept. 22 & 24
PAL3B	Sept. 29 & Oct. 1
PAL4B	Oct. 6 & 8
PAL5B	Oct. 13 & 15
PAL6B	Oct. 20 & 22
PAL7B	Oct. 27 & 29
PAL8B	Nov. 3 & 5
PAL9B	Nov. 10 & 12
PAL10B	Nov. 17 & 19

PRESCHOOL & YOUTH PROGRAMS

ACCESSORIZE FOR TWEENS

Blackburn Hall 7:00 - 8:00pm
\$40 / \$45 NR Wednesdays: Sept. 16 - Nov. 4
 AnnMarie Dion Grades 6 - 8

Ever found yourself looking for that perfect accessory to go with your fave outfit? Come learn the secrets to making simple, yet trendy accessories to compliment any style you choose. In each 1 hr session, you'll learn how to create your own personal fashion jewelry, and will take home a completed project.

ACCESSORIZE FOR BEGINNERS

Blackburn Hall 6:00 - 7:00pm
\$40 / \$45 NR Wednesdays: Sept. 16 - Nov. 4
 AnnMarie Dion Grades 1 - 5

An introductory lesson to creating fun and fashionable accessories, from key chains, to bracelets, pins, and more. Create your own personalized keychain to hang on your backpack, make a funky bracelet or even a necklace set. Learn to work with simple beads and materials to create fabulous and fun designs.

AFTERSCHOOL SPORTS

Blackburn Hall See times below
\$45 / \$50 NR See dates below
 Recreation Staff Grades 1 - 6

It's time to get down, it's time for sports. In this class, we will play everything from floor hockey, and basketball, all the way to dodgeball. Bring your friends because you're going to need someone to lean on when you're done with this class. **NO PROGRAM ON OCTOBER 12.**

GRADES 1 - 2 (4:00 - 4:45pm)

CLASS #:	DAY:	DATES:
YAS1	Monday	Sept. 14 - Oct. 19
YAS2	Monday	Oct. 26 - Nov. 23
YAS4	Tuesday	Oct. 27 - Nov. 24

GRADES 3 - 4 (5:00 - 5:45pm)

CLASS #:	DAY:	DATES:
YAS3	Monday	Oct. 26 - Nov. 23

FAMILY HIKES ON WALPOLE TRAILS

Various locations 10:00 a.m. - noon
\$5 / FAMILY Saturdays: See dates below
 Walpole Trails Committee Members All ages
 The Trails Committee and the Recreation Department are offering a series of family hikes to expose people to some of the trails in town. The hikes will be led by members of the Walpole Trails Committee and done at a leisurely pace to accommodate young hikers. The hikes will be an opportunity to explore nature, look for interesting birds, plants and explore your town.

HIKE #1:

Meets at the Water Department building on Leonard Road

HIKE #2:

Meets at the Elm Street School Parking Lot

CLASS #:	DATE:	LOCATION:
WFH1	Sept. 19	Bay Circuit Trail
WFH2	Oct. 17	Al Goetz Trail

PRESCHOOL & YOUTH PROGRAMS

ARCHERY

Locations listed below
\$85 / \$95 NR
 Archery USA Staff

See times below
 See schedule below
 Ages 8 - 14

In this program, students will learn the fundamentals of good form and technique, as well as safety. Each week, you will participate in a series of mini-tournaments designed to advance you through the 10 ranks of the program. **NO PROGRAM ON OCTOBER 16 AND 17.**

TUESDAYS

BEHIND MORGAN FIELD, WALPOLE

CLASS#:	DATES	TIME:
YIA1	Sept. 15 - Oct. 13	4:00- 5:30pm

FRIDAYS

ARCHERY USA, DEDHAM

CLASS#:	DATES	TIME:
YIA2	Oct. 2 - Oct. 30	5:30 - 7pm
YIA3	Oct. 2 - Oct. 30	7:00 - 8:30pm
YIA4	Nov. 6 - Nov. 27	5:30 - 7pm
YIA5	Nov. 6 - Nov. 27	7:00 - 8:30pm

SATURDAYS

ARCHERY USA, DEDHAM

CLASS#:	DATES	TIME:
YIA6	Oct. 3 - Oct. 31	9:00 - 10:30am
YIA7	Oct. 3 - Oct. 31	11:00am- 12:30pm
YIA8	Nov. 7 - Nov. 28	9:00 - 10:30am
YIA9	Nov. 7 - Nov. 28	11:00am - 12:30pm

ARRRGGGGHHHH MATEY

Lower Blackburn
\$15 / \$20
 Luke Dent

CLASS #: YAM

6:00 - 6:45pm
 Tuesdays: Sept. 15 & Sept. 22
 Ages 4 - 7

The pirates have docked and are back hanging out in Blackburn Hall. Come and make pirate crafts, go on a treasure hunt, and hear the tales of Two-Step Jones. Don't forget to dress up! You wouldn't want to stick out around pirates!

BASIC HORSEMANSHIP FOR KIDS

Clarion Farm, Franklin
\$200 / \$205 NR
 Clarion Farm Staff

4:30 - 5:30pm
 Mondays: See dates below
 Ages 6 - 17

This class is a low key introduction to horses and riding for children ages 6-17. Students will learn safety around horses, basic horse care, proper handling, grooming, tacking and untacking, and basic mounted skills. This class will move at a level comfortable to the students and aims to give them a good foundation in basic skills involved with working around horses.

NO PROGRAM ON NOVEMBER 23.

CLASS #:	DATES:
YBH1	Oct. 5 - Oct. 26
YBH2	Nov. 2 - Nov. 30

BLAST BABYSITTING

East Walpole Community Center
\$50 / \$55 NR
 Juanita Allen, W-EMT

CLASS #: YBL

4:00 - 7:30pm
 Monday, Oct. 5
 Ages 11 - 13

An American Academy of Pediatrics course that covers how to handle the basics of infant and childcare, how to react responsibly to medical emergencies and injuries, perform first aid for common childhood injuries and illnesses, and set up and run your own babysitting business.

BROADWAY BABES

Lower Blackburn

1:00 - 1:45pm

\$50 / \$55 NR

Wednesdays: See schedule below

Aicha Kelley & Judy Auditore

Ages 2 - 6

This class will expose children to the world of theatre as they work on creating scenery and costumes for their very own play. The final class will be Production Day when everyone is invited to attend the production and then join the actors for a reception of cookies and punch and maybe even grab a few autographs. **NO PROGRAM ON NOVEMBER 11 AND 25.**

CLASS #:	DATES:	THEME:
YBB1	Sept. 16 - Oct. 21	"Commotion in the Ocean"
YBB2	Oct. 28 - Dec. 16	"Holiday Musical Extravaganza"

CO-ED GYMNASTICS

Paradise Gymnastics

See times below

\$145 / \$150 NR

See schedule below

Paradise Staff

Ages 3 1/2 - 6

Kids will be grouped by age and ability. Class will be structured and consist of beginner skills up to the Back-Handspring. The kids will use all the gymnastics equipment including, the Vault, Bars, Beam, Floor, Tumble-Trak and Trampoline.

CLASS#:	DAY:	DATES:	TIME:
YCG1	Tuesdays	Sept. 8 - Nov. 3	5:00 - 5:45pm
YCG2	Wednesdays	Sept. 9 - Nov. 4	9:30 - 10:15am
YCG3	Wednesdays	Sept. 9 - Nov. 4	3:45 - 4:30pm
YCG4	Thursdays	Sept. 10 - Nov. 5	9:30 - 10:15am
YCG5	Thursdays	Sept. 10 - Nov. 5	3:45 - 4:30pm
YCG6	Saturdays	Sept. 12 - Nov. 7	9:30 - 10:15pm

CRAZY COOKING WITH CHRIS

Blackburn Hall

See times below

\$60 / \$65 NR

Thursdays: Sept. 24 - Nov. 12

Chris Ellis

Grades 3 - 8

If your child is looking to graduate from their easy-bake oven and move into the real thing, then this is a class you don't want to miss! Your child will tie on an apron as we prepare a menu that includes kid friendly meals, snacks, drinks and desserts. Before you know we will have your child preparing meals for you and your family.

CLASS#:	GRADES:	TIME:
YCC1	3 - 5	4:00- 4:45pm
YCC2	6 - 8	5:00 - 5:45pm

PRESCHOOL & YOUTH PROGRAMS

CHRISTMAS COOKIES

Blackburn Hall
\$20 / \$25 NR
 Chef Chris Ellis

CLASS #: YCC3
 6:00 - 7pm
 Wednesday, Dec. 23
 Ages 4 - 8

Can never figure out what to give relatives from your children? Problem solved they can make Christmas cookies! There is no present better than a homemade one, and who doesn't like cookies, especially around Christmastime. So instead of waiting in long lines at department stores bring your child and have some fun baking cookies in holiday shapes.

DANCE WITH MISS TRACEY

Blackburn Hall
 See prices below
 Tracey O'Brien

See times below
 Tuesdays: Sept. 22 - Oct. 27
 Ages 2 - 8

Back by popular demand, Miss Tracey will be leading our dance programs. Parent and child will stretch with music, sing songs, and dance, plus tumble on mats. Please wear comfortable clothing.

CLASS #:	AGES:	TIME:	COST:
YDM1	2	2:00 - 2:30pm	\$55 / \$60 NR
YDM2	3 - 4	2:30 - 3:30pm	\$70 / \$75 NR
YDM3	5 - 6	3:45 - 4:45pm	\$70 / \$75 NR
YDM4	7 - 8	4:45 - 5:45pm	\$70 / \$75 NR

DELIGHTFUL DESSERTS

Blackburn Hall
\$40 / \$45 NR
 Chef Chris Ellis

5:00 - 6pm
 Fridays: See dates below
 Ages 8 - 13

In this class you will learn how to create sweet treats that will dazzle your family and friends! Brownies, cookies, cake and more, you name we will make it. Your child will learn how to measure and mix ingredients along with different cooking techniques used by professional chefs. **NO PROGRAM ON NOVEMBER 27.**

CLASS#:	DATES:
YDD1	Sept. 18 - Oct. 16
YDD2	Nov. 6 - Dec. 11

DODGEBALL

Blackburn Hall
\$45 / \$50 NR
 Recreation Staff

4:00 - 4:45pm
 Fridays: See schedule below
 Grades 1 - 3

This afterschool sports program focuses on dodgeball in all of its formations including: HERO, poisonball, sitdown dodgeball and thunderball. **NO PROGRAM ON SEPTEMBER 25, NOVEMBER 27 AND DECEMBER 11.**

CLASS #:	DATES:
Y3G1	Sept. 18 - Oct. 23
Y3G2	Nov. 6 - Dec. 18

BIRTHDAY PARTIES

Blackburn Hall
\$160 for up to 24 kids
 Recreation Staff

Available in two hour blocks
 Sundays
 Ages 5 and up

Cost includes two Recreation Staff members to run games and activities. Please email Recreation Coordinator at cnorton@walpole-ma.gov for more information or to check availability and book a date.

FABULOUS FRIDAYS

Lower Blackburn
\$8 / \$10 NR (PER CLASS)
 Aicha Kelley

9:30 - 10:30am
 Fridays: See dates below
 Ages 2 - 6

Fabulous Fridays blends arts and music to form a unique program with a different theme each week. We will also listen to music, create a craft, read a book and do other activities.

CLASS#:	DATE:	THEME:
YF1	Sept. 18	"Back to School Bonanza"
YF2	Sept. 25	"Musical Madness"
YF3	Oct. 2	"Animal Frenzy"
YF4	Oct. 9	"Crazy Colors"
YF5	Oct. 16	"Fall is Fantastic"
YF6	Oct. 23	"Jolly Jack-o-lanterns"
YF7	Oct. 30	"Halloween is Happening"
YF8	Nov. 6	"Pirate-Palooza"
YF9	Nov. 13	"Mush-Mash Monsters"
YF10	Nov. 20	"Gobble..Gobble..Goodies"
YF11	Dec. 4	"Winter Wonderland"
YF12	Dec. 11	"Happy Holidays"
YF13	Dec. 18	"Lunch with Santa"

FLAG FOOTBALL

Stone Field
\$55 / \$60 NR
 Recreation Staff

CLASS #: YFF
 4:00 - 4:45pm
 Thursdays: Sept. 17 - Oct. 15
 Grades 1 - 3

We will focus on practice and proper techniques during the first week, while the remaining weeks will consist of game play. Every participant will receive a jersey. **CLASS WILL BE CANCELLED IN CASE OF INCLEMENT WEATHER.**

FRIGHTENING FOODS

Blackburn Hall
\$20 / \$25 NR
 Chef Chris Ellis

CLASS #: YFC
 6:00 - 7pm
 Friday, Oct. 30
 Ages 3 - 6

Disgustingly delicious, yet wonderfully gross treats. Have your child come and get ready for a hauntingly horrifying Halloween by preparing scary snacks for the whole family.

GIRLS GYMNASTICS

Paradise Gymnastics
\$205 / \$210 NON-RES
 Paradise Staff

See times below
 See schedule below
 Girls ages 6 - 10

Kids will be grouped by age and ability. Class will be structured and consist of beginner skills up to the Back-Handspring. The kids will use all the gymnastics equipment including, the Vault, Bars, Beam, Floor, Tumble-Trak and Trampoline.

CLASS#:	DAY:	DATES:	TIME:
YG1	Tuesdays	Sept. 8 - Nov. 3	3:45 - 5pm
YG2	Wednesdays	Sept. 9 - Nov. 4	5:45 - 7pm
YG3	Thursdays	Sept. 10 - Nov. 5	3:45 - 5pm
YG4	Saturdays	Sept. 12 - Nov. 7	9:15 - 10:30am

PRESCHOOL & YOUTH PROGRAMS

GROUP DRUM LESSONS

Art Room See times below
\$72 / \$77 NON-RES Tuesdays: Sept. 29 - Nov. 3
 Joe Donnelly, Jr. Grades 1 - 6

Join professional drummer Joe Donnelly, Jr. for this beginner's level drumming class. Participants will learn the proper way to hold drumsticks, fundamental rudiments of drumming, basic reading of drum notation, and popular beats to apply to the drum set. And, oh yeah, we'll have some fun too! Please bring a pair of drumsticks and a practice pad to the first class.

CLASS#:	GRADE:	TIME:
YGD1	1 - 3	3:45 - 4:15 p.m.
YGD2	4 - 6	4:15 - 5:00 p.m.

HALF-DAY CAFE

Blackburn Hall 1:00 - 3:00 pm
\$5 per child Fridays: See dates below
 Recreation Staff Grades 4 - 5

Not sure what to do with your tweens on half days? Drop them off at Blackburn Hall for a day of hanging out with friends, listening to their favorite songs and playing Wii games. Pizza, snacks and drinks will be for sale.

CLASS #:	DATE:
YHD1	Sept. 25
YHD2	Oct. 30
YHD3	Dec. 11

HOLIDAY GIFT MAKING

Lower Blackburn 6:00 - 7:30pm
\$25 / \$30 NR per class Mondays: See dates below
 Recreation Staff Grades 5 - 8

"PRECIOUS THOUGHTS" - This class will have the children making holiday surprises for friends and family. They will make such items as frames, jewelry and more surprises. The items will then be gift wrapped and be ready to be opened!

"WARM AND COZY" - This class will have the children making useful holiday gifts for friends and family to stay warm with during the winter months. Some of the items that they will make are throws, scarves and more surprises. These too will be gift wrapped.

"YUMMY GIFTS" - This class will have the children making tasty treats to give to loved ones. The children will create many yummy items (please let us know if anyone that will be receiving them has food allergies) and gift wrapping them for family to open and enjoy!!

CLASS #:	DATE:	THEME:
YHG1	Nov. 30	"Precious Thoughts"
YHG2	Dec. 7	"Warm and Cozy"
YHG3	Dec. 14	"Yummy Gifts"

HOME ALONE SAFETY

East Walpole Community Center 4:00 - 6pm
\$45 / \$50 NR Monday, Sept. 28
 Juanita Allen, W-EMT Ages 9 - 11

Children will learn telephone and door answering techniques, internet safety, accident and fire protection and first aid techniques. We'll also talk about how to manage your time when you're home alone for short periods of time. The class includes a variety of teaching methods, including a video and role playing.

HEAD START BASEBALL

Foxboro High School 8:30 - 10am
\$150 / \$155 NR Saturdays: Sept. 19 - Oct. 17
 RBI Staff Ages 5 - 6

The Head Start program is a five-week program designed to introduce new players to the game as well as to provide players with the basic fundamentals needed to succeed at playing the game of baseball. Each week players will meet for a 1 1/2hour session. Part one of the session will focus on drills and fundamentals followed by a game in part two. Space is limited in this division. All players will be placed on a team coached by one of RBI's professional coaches and receive an RBI t-shirt and hat.

KARATE

Kensho Ryu Karate See times below
\$60 / \$65 NR See schedule below
 Kensho Ryu Karate Staff Ages 4 - 9

These classes are structured to prepare children for our regular Karate program, but is also a great way to prepare children for any classroom type environment. All classes are taught in a fun, energetic, positive environment with focus on, How to Behave In A Classroom Situation, Basic Karate Skills, Improvement of Gross Motor Skills, Sharing, Cooperation, Improvement on Overall Fitness, Following Instruction and Rules and Improving Self Confidence. All classes are taught by professional 5th degree Black Belt Master Instructors with over 20 years combined experience in teaching children the Martial Arts.

AGES 4 - 6

CLASS #:	DAY:	DATES:	TIME:
YK1	Monday	Oct. 5 - Oct. 26	3:30 - 4:30pm
YK4	Monday	Nov. 2 - Nov. 23	3:30 - 4:30pm

AGES 5 - 9

CLASS #:	DAY:	DATES:	TIME:
YK2	Tuesday	Oct. 6 - Oct. 27	3:30 - 4:30pm
YK5	Tuesday	Nov. 3 - Nov. 24	3:30 - 4:30pm

AGES 6 - 10

CLASS #:	DAY:	DATES:	TIME:
YK3	Wednesday	Oct. 7 - Oct. 28	4:30 - 5:30pm
YK6	Wednesday	Nov. 4 - Nov. 25	4:30 - 5:30pm

LEARN TO SKATE

Iorio Arena See times below
\$135 / \$140 NR See schedule below
 Iorio Staff Ages 4 - 6

The class sizes are typically smaller in the tots program allowing for more one on one time for the skater. The class consists of a 25 minute lesson from one of our instructors, followed by 25 minutes of practice time. You must provide your own skates.

CLASS #:	DAY:	DATES:	TIME:
YLS1	Mondays	Sept. 7 - Oct. 26	4:10 - 5pm
YLS2	Thursdays	Sept. 10 - Oct. 29	Noon - 12:50pm
YLS3	Fridays	Sept. 11 - Oct. 30	10:00 - 10:50am

PRESCHOOL & YOUTH PROGRAMS

LEGO PLAYLAND

East Walpole Civic Center
\$55 / \$60 NR
 Event-FULL Staff

See times below
 See dates below
 Ages 5 - 10

Back by popular demand!! This unique workshop will be centered around everything Lego!! Join the team from Event-FULL!, LLC and participate in "LEGO-related" take-home projects, games, building and creating Lego structures. Don't miss out on this workshop that takes a favorite traditional toy and turns it into a fun-filled day with a creative spin! The Legos stay with us, but the experience is yours forever! Don't worry if you have taken this workshop before... ALL NEW projects will be introduced!

CLASS #:	DATE:	TIME:
YLP1	Saturday, Sept. 26	2:00 - 5pm
YLP2	Sunday, Nov. 15	1:00 - 4pm

LEGO ENGINEERING I

East Walpole Civic Center
\$140 / \$145 NR
 ComputerTots Staff

CLASS #: YLE
 5:10 - 6:10pm
 Tuesdays: Sept. 22 - Nov. 10
 Ages 8 - 10

Students use LEGO® materials to build simple & complex machines as they learn about structures, forces, gear math, simple machines and motorized projects. Using teamwork and a series of challenges, groups will work together to create motorized systems and advanced challenges.

LITTLE CHEFS

Blackburn Hall
\$40 / \$45 NR
 Chef Chris Ellis

1:30 - 2:30pm
 Mondays: See dates below
 Ages 3 - 5

Come make some yummy kid friendly treats. They will learn everything from kitchen safety to how to make their very own kid friendly recipes. **NO PROGRAM ON OCTOBER 12 AND NOVEMBER 23.**

CLASS #:	DATES:
YLC1	Sept. 14 - Oct. 5
YLC2	Nov. 2 - Nov. 30

MADSCIENCE® AFTERSCHOOL

Lower Blackburn
\$100 / \$105 NR
 Mad Science of Greater Boston Staff

CLASS #: YMS
 4:00 - 5pm
 Wednesdays: Sept. 23 - Nov. 18
 Grades 3 - 6

In this program, we'll explore science and how it affects the world around us. Exciting hands-on activities, spectacular demonstrations, inquiry-based discussions, amazing projects and more. We'll also learn about water waves and the environment; explore the scientific secrets behind some famous magic tricks; investigate the fundamental principles of flight; and discover the strengths of triangles, cylinders and arches and how these shapes make for sturdy homes and skyscrapers. **NO PROGRAM ON NOVEMBER 11.**

MOMMY AND ME HORSEMANSHIP

Clarion Farm, Franklin
\$200 / \$205 NR
 Clarion Farm Staff

10:00 - 11am
 Fridays: See dates below
 Ages 3 - 5

This program is an introduction to horses and riding for children accompanied by a parent. This class will cover safety around horses, proper handling, grooming, and basic mounted skills. Parents will learn how to work comfortably and safely around the horses and how to help their children groom them. **NO PROGRAM ON NOVEMBER 27.**

CLASS #:	DATES:
YMH1	Oct. 1 - Oct. 22
YMH2	Nov. 6 - Dec. 4

MOOVIN' & GROOVIN'

Lower Blackburn
\$60 / \$65 NON-RES
 Joe Donnelly, Jr.

10:30 - 11:00 a.m.
 See schedule below
 Ages 1 - 3

Everyone's favorite music teacher returns to teach the true meaning of music. Joe combines stories and music in a fun atmosphere for your child to learn. This is not a drop-off class - it is a parent and child together class.

CLASS#:	DAY:	DATES:
PMG1	Wednesdays	Sept. 30 - Nov. 4
PMG2	Thursdays	Oct. 1 - Nov. 5

RADKIDS

East Walpole Community Center
\$50 / \$55 NR
 Chris Ellis

See times below
 See schedule below
 Ages 5 - 13

RadKIDS is the revolutionary program that teaches children to "resist aggression defensively." Chris Ellis was recently and intensely trained in the radKIDS program to teach our children about personal empowerment, safety education, and violence prevention. Chris Ellis and his crew will teach children how to protect themselves against all kinds of dangers they face every day. The class will touch on topics ranging from simple everyday things like school and vehicle safety, realizing stranger tricks, good, bad, and uncomfortable touch and how to physically defend one's self if an attempted abduction were to happen. **NO PROGRAM ON OCTOBER 12.**

CLASS #:	AGES:	DAY	DATE:	TIME:
YRK1	5 - 7	Tuesdays	Oct. 6 - Nov. 24	4:00 - 4:45pm
YRK2	8 - 13	Mondays	Oct. 5 - Nov. 30	5:00 - 5pm

STOP MOTION ANIMATION

East Walpole Civic Center
\$140 / \$145 NR
 ComputerTots Staff

CLASS #: YSA
 4:00 - 5pm
 Tuesdays: Sept. 22 - Nov. 10
 Ages 8 - 10

Working in teams, you'll do it all - from brainstorming movie ideas, storyboard the details of their movie, making the clay characters to creating the backdrop. As you learn the production process using techniques of stop-motion video, you will animate, record, add special effects, download & edit your own movie. Some examples of Claymation movies include: Wallace and Gromit™ and James and the Giant Peach™. We will show our movie at a private screening to share with family and friends on the last day of class. All students will take home a clay model from class and receive a copy of their movie on a CD-ROM after class ends.

PRESCHOOL & YOUTH PROGRAMS

SOUTH SHORE PRESENTS...

Blackburn Hall See times below
\$160 / \$170 NR Thursdays: Oct. 1 - Nov. 19
 Leslie VanDyk and Arlene Steiner Ages 4 - 13

All students audition for a role in these musical productions. Students may lip sync or sing to the songs that are chosen. The script is re-written and edited by instructors. Our goal is to educate the children, as well as their families, about what goes into the production of a musical. Participants need not have dance or theatrical experience.

CLASS #:	MUSICAL:	AGES:	TIME:
YSS1	Cinderella	4 - 8	4:00 - 5:30pm
YSS2	High School Musical 3	7 - 13	5:30 - 7pm

SPORTS AND MORE

Blackburn Hall See times below
SEE FEES BELOW See schedule below
 Lauren Macomber Ages 3 - 6

This program is a great way to introduce a variety of new games and sports to your little athlete! Our focus during this class will be on developing the children's social skills and learning in a group atmosphere. **NO PROGRAM ON SEPTEMBER 25, OCTOBER 12, NOVEMBER 11, 25, 27 AND DECEMBER 11.**

AGES 3 - 4 (\$40 / \$45 NR)

CLASS #:	DAY:	DATES:	TIME:
YSM1	Mondays	Sept. 21 - Oct. 26	10:00 - 10:30am
YSM2	Mondays	Nov. 2 - Nov. 30	10:00 - 10:30am
YSM3	Wednesdays	Sept. 23 - Oct. 21	10:30 - 11:00am
YSM4	Wednesdays	Oct. 28 - Dec. 9	10:30 - 11:00am
YSM5	Fridays	Sept. 18 - Oct. 23	10:00 - 10:30am
YSM6	Fridays	Nov. 6 - Dec. 18	10:00 - 10:30am

AGES 5 - 6 (\$50 / \$55 NR)

CLASS #:	DAY:	DATES:	TIME:
YSM7	Mondays	Sept. 21 - Oct. 26	10:45 - 11:30am
YSM8	Mondays	Nov. 2 - Nov. 30	10:45 - 11:30am
YSM9	Wednesdays	Sept. 23 - Oct. 21	11:00 - 11:45am
YSM10	Wednesdays	Oct. 28 - Dec. 9	11:00 - 11:45am
YSM11	Fridays	Sept. 18 - Oct. 23	10:45 - 11:30am
YSM12	Fridays	Nov. 6 - Dec. 18	10:45 - 11:30am

SPANISH FOR TODDLERS

Lower Blackburn **CLASS #: YST**
 10:00 - 11:00am
\$48 / \$53 NR Tuesdays: Sept. 22 - Nov. 10
 Myrza Rodriguez-Fearnley Ages 3 - 5

This class will introduce basic Spanish for children by learning the basics such as colors, numbers, songs, opposites and other basic words). The class will be very interactive by using different learning techniques.

STAR WARS - JEDI TRAINING

East Walpole Civic Center **CLASS #: YSW**
 1:00 - 4pm
\$55 / \$60 NR Sunday, Oct. 18
 Event-FULL Staff Ages 5 - 10

Are you a youngling who is interested in becoming a Jedi student in training? Join us as we participate in several hours that have everything to do with Star Wars. Activities include: designing and making your own recycled droid, making a training lightsaber and learning what it is to be a Jedi Knight. May the force be with you...

THANKS MOM

Blackburn Hall **CLASS #: YTM**
 6:00 - 7pm
\$20 / \$25 NR Monday, Nov. 23
 Chef Chris Ellis Ages 4 - 7

Always wondered how you can get your children to help with that big thanksgiving dinner? Well, now they can have them come and join us in making Center pieces and other thanksgiving decorations to accompany that wonderful holiday meal.

VACATION REC

Blackburn Hall See times below
SEE FEE BELOW See schedule below
 Recreation Staff Grades 1 - 6

Each day is filled with a variety of activities including sports arts and crafts and more. If staying all day, please pack lunch and snacks with your child.

MORNING (\$20 / \$25 NR) (9:00AM - NOON)

CLASS #:	DAY:	DATE:
YWR2	Monday	December 28
YWR4	Tuesday	December 29
YWR6	Wednesday	December 30
YWR8	Thursday	December 31

FULL DAY (\$40 / \$45 NR) (9:00AM - 4PM)

CLASS #:	DAY:	DATE:
YWR1	Monday	December 28
YWR3	Tuesday	December 29
YWR5	Wednesday	December 30

WALPOLE PLAYKIDS

Blackburn Hall **CLASS #: YWK**
 9:00 - 10:30am
\$35 / \$40 NR Thursdays: Sept. 17 - Nov. 19
 Recreation Volunteers Ages 1 - 5 (w/ parent)

This playgroup is a time for parents and their children to network and meet new friends. This is an open gym time geared toward child development and fun. **THE RATE IS PER FAMILY WITH UP TO THREE CHILDREN. PLEASE DO NOT BRING BIKES.**

YOUTH WRESTLING

WHS Lower Gym 6:00 - 6:45pm
\$56 / \$61 NR See dates below
 WHS Wrestling Staff Grades 3 - 8

Class activities will include daily warm-ups, basic techniques and wrestling skills. Games and fun activities that concentrate on learning the fundamentals of wrestling will also be taught. There will be a mini-tournament on the last day of class. Every child should wear a t-shirt and shorts and bring a water bottle. Each participant will receive a Rebel wrestling t-shirt. No wrestling experience is necessary. **NO PROGRAM ON NOVEMBER 11.**

CLASS #:	GRADES:	DAY:	DATES:
YYW1	3 - 5	Tuesdays	Oct. 6 - Nov. 10
YYW2	6 - 8	Wednesdays	Oct. 7 - Nov. 18

YOUTH PROGRAMS

WALPOLE COMMUNITY CHORUS CLASS #: MVL1

Lower Blackburn 6:30 - 7:15pm
\$48 / \$54 NR Wednesdays: Sept. 30 - Dec. 2
Susan Glancy Grades 2 - 8

Do you love to sing? Have you been looking for the opportunity to exercise your vocal cords, but do not think you are ready for American Idol... yet? Here is your chance to receive professional voice instruction and have fun doing it. This is our very own Community Chorus. Performances will be featured throughout town at different holiday events after the last day of scheduled instruction. No prior musical or singing experience is required. **NO PROGRAM ON NOVEMBER 11 OR NOVEMBER 25. THIS CLASS IS DROP-OFF ONLY.**

SIXTH GRADE DANCES

6th GRADE DANCES

Blackburn Hall 7:30 - 10:00pm
\$5 PER CHILD PER DANCE Friday, Oct. 23 and Nov. 13
Staff and Volunteers Grade 6
Call 660-7353 for more information

This new program is for 6th graders to come and listen to their favorite music, hang out with friends, and spread their independent wings in a safe environment. There will be pizza, snacks and drinks served at each party. Please call the recreation office if any grown-ups would like to volunteer to chaperon.

TEEN PROGRAMS

7th & 8th GRADE DANCES

Blackburn Hall 7:00 - 10:00pm
\$5 ADMISSION PER DANCE Fridays: See schedule below
Staff and Volunteers Grades 7 - 8
Call 660-7353 for more information

The Walpole Recreation Department holds monthly dances at Blackburn Hall for all Walpole 7th and 8th graders. These dances feature a DJ, game room, soda, and candy.

To register as a member, students must fill out an application form agreeing to comply with all Recreation Department rules. There is a registration fee of \$30 and parent signatures are also required. **IN ADDITION, PARENTS MUST MAKE A COMMITMENT TO CHAPERONE DANCES.** Upon chaperoning two dances in the school year, we will refund \$25 of your membership fee. Dances are open to members only.

FALL DANCE DATES:

Friday, Sept. 11
Friday, Oct. 9
Friday, Nov. 6

ACCESSORIZE FOR TEENS

Blackburn Hall Art Room CLASS #: TAT
6:00 - 8:00pm
\$40 / \$45 NR Mondays: Sept. 14 - Nov. 2
AnneMarie Dion Grades 9 - 12

Ever picked up a pair of earrings in a store and thought to your self, "I could make this," but weren't sure where to begin? Well, creating your own stylish jewelry is easier than you'd think. In each 1 hr. session, we will explore the latest fashion trends, create simple yet stunning accessories and learn how to turn everyday objects into custom made jewelry. Different accessory made each week (when all sessions completed, you will have a complete ensemble with earrings, ring, necklace and bracelet).

AUDIO DJ'ING CLASS

Blackburn Hall 3rd Floor CLASS #: TAD
5:00 - 5:45pm
\$48 / \$53 NR Tuesdays: Sept. 29 - Oct. 20
Luke Dent Ages 14 - 17

Ever wonder how dances or radio DJ's combine music and style to create a flow so nice you don't even notice you're listening to the next song? In this class we will be working with an iDJ2 unit along with a Mackie board and iPod to create loops and sounds to get your readying for your own chance to DJ at a teen center.

AUDIO PRODUCTION

Blackburn Hall 3rd Floor CLASS #: TAP
5:30 - 6:15 pm
\$48 / \$53 NR Thursdays: Sept. 24 - Oct. 15
Luke Dent Ages 14 - 17

Ever been to a recording studio? Have you ever wanted to record your or other people's music? Well now you'll be able to do just that. In this class, we will learn about Indiana Sky Studios, right here in Walpole, learn Mic placement, GarageBand, and how to put ideas down in recorded media.

TEEN PROGRAMS

BABYSITTER CLASS

Lower Blackburn

\$65 / \$70 NR

Robin Norberg and Ellen Nadeau

CLASS #: TBC

8:30am - 2:30pm

Wednesday, Nov. 11

Ages 11 - 14

Our dynamic and interactive babysitting course will prepare the safety conscious teen (and preteen) to take on the awesome responsibility of babysitting. Topics covered include fundamental child care, household safety, injury prevention and basic first aid for children. We will also teach relief of choking, and the abc's of CPR. This course follows the American Academy of Pediatrics BLAST program for babysitters. Lunch will be included.

BEG. / INTERMEDIATE GUITAR

Lower Blackburn

\$96 / \$101 NR

Myron Zajac

CLASS #: MBG1

6:30 - 7:15pm

Thursdays: Oct. 1 - Nov. 19

Grades 7 - 12

Have you always wanted to play the guitar, but never had the chance? Take some time during the next few months to learn basic fingering techniques for lead and rhythm guitar playing. No prior musical knowledge or experience is necessary, but you will need to bring your own acoustic guitar. The primary objective is to get started and learn to play the guitar the right way.

DKI ACTING ACADEMY

Blackburn Hall

\$160 / \$165 NR

Drama Kids Staff

CLASS #: TDA

5:00 - 6:00pm

Wednesdays: Sept. 23 - Dec. 12

Ages 11 - 14

DKI Acting Academy classes provide an atmosphere of fun and team spirit. Whether you want to develop your acting skills or just feel more comfortable with public speaking, DKI Acting Academy is the perfect extracurricular activity to have fun, be creative, and team up with others to create great performances. Our classes are specially designed to develop strong speaking, acting, and presentation skills in middle school and high school students. Work covered will include speech training, mini-scripts, monologues, small group improvisations, character analysis and production techniques. Just one hour a week is all it takes for our fast paced, dynamic, and fun classes!

DRIVER'S EDUCATION

WHS Room A-246

\$90 / \$95 NR

Bill Rehill

CLASS #: TDE

7:00 - 9pm

Mon. & Weds.: Sept. 28 - Nov. 30

Ages 15 years / 9 months and older

Students will be provided with 30 hours of classroom instruction in Massachusetts Regulations for the operation of Motor Vehicles. Students must be 15 years and 9 months old at the start of the program. This class meets all the new regulations from the RMV. **ROAD WORK IS NOT INCLUDED IN THIS COURSE. NO PROGRAM ON OCTOBER 12, NOVEMBER 11, OR NOVEMBER 23.**

HIRE-A-TEEN

This service is for teens 13 years and older to help Walpole teens find jobs and to provide a service to adult residents in need of help, such as babysitting, yard work, painting, etc. If you would like to be included on this list, please e-mail us at recreation@walpole-ma.gov or stop at our office to pick up an application. Parent participation and approval is required. The rate of pay and hours of work, etc., will be negotiated between you and your employer(s).

MUSIC APPRECIATION

Blackburn Hall 3rd Floor

\$40 / \$45 NR

Luke Dent

CLASS #: TMA

5:00 - 5:45pm

Mondays: Sept. 14 - Oct. 5

Ages 13 - 17

Ever hear Jazz or Classical music on the radio and have no idea how or why someone would like it? This class will help get your mind to the next step of music appreciation. This class is great for musicians or artists looking to take their ideas to the next level. By learning the meanings of new styles, your creative mind has no choice, but to expand.

GUITAR 101

Blackburn Hall 3rd Floor

\$40 / \$45 NR

Luke Dent

See times below

Wednesdays: See dates below

Ages 7 - 15

In this guitar class, we will learn scales, chords, keys and how to read notes. We will put these fundamentals together to learn your favorite rock and country songs, as well as how to write your own music.

CLASS #:	AGES:	DATES:	TIME:
TG1	7 - 11	Sept. 16 - Oct. 7	3:30 - 4:20pm
TG2	7 - 11	Oct. 14 - Nov. 4	3:30 - 4:20pm
TG3	12 - 15	Sept. 16 - Oct. 7	4:30 - 5:20pm
TG4	12 - 15	Oct. 14 - Nov. 4	4:30 - 5:20pm

VIDEO PRODUCTION

Blackburn Hall 3rd Floor

\$40 / \$45 NR

Luke Dent

CLASS #: TVP

4:00 - 4:45pm

Fridays: Oct. 2 - Oct. 23

Ages 13 - 17

This class is for beginner film-makers who have a vision and need help transferring that from an idea to a short film. We will learn how to shoot video with visual technique, how to edit in iMovie, and how to create a cohesive short film. Once complete, we will upload the films to our website for the world to see.

ADULT PROGRAMS

AEROBIC DANCE!

Blackburn Hall See times below
SEE FEE BELOW See dates below
 Mary Annati Adults

This non-competitive class is a great way to relieve stress and get in shape! A great workout for all levels! Anyone can learn these dances. Come try this fun program, you'll be glad you did! Bring a mat for floor exercises and water. **THE MON. AND WED. CLASSES RUN FROM 9:15 - 10:15AM AND THE FRIDAY CLASS RUNS FROM 8:15 - 9:15AM.**

CLASS #:	DAYS:	DATES:	FEE:
AAD1	Mon/Wed	Sept. 14 - Dec. 16	\$145 / \$150 NR
AAD2	Mon/Wed/Fri	Sept. 14 - Dec. 18	\$190 / \$195 NR

BASIC TRAINING

Blackburn Hall See times below
 \$144 / \$149 NON-RES Mon., Wed. & Sat.: See dates below
 Karen O'Neil & Christine Olson Adults

Improve your cardiovascular endurance and strength with this fun four-week program led by certified fitness trainers. Please bring a set of light dumbbells (3-12 lbs.), a mat and a bottle of water. Classes on Monday and Wednesday are held from 5:45 - 6:45 a.m. and Saturdays from 6:30 - 7:30 a.m.

CLASS#:	DATES:
ABT1	Sept. 14 - Oct. 10
ABT2	Oct. 12 - Nov. 7
ABT3	Nov. 9 - Dec. 5

BEG. / INTERMEDIATE GUITAR

Lower Blackburn **CLASS #: MBG2** 7:15 - 8pm
\$96 / \$101 NR Thursdays: Oct. 1 - Nov. 19
 Myron Zajac Adults

Take some time during the next few months to learn basic fingering techniques for lead and rhythm guitar playing. No prior musical knowledge or experience is necessary, but you will need to bring your own acoustic guitar. The primary objective is to get started and learn to play the guitar the right way.

COUPLES IN COMMUNICATION

Walpole High School **CLASS #: ACI** 7:00 - 8:30pm
\$66 / \$70 NR / \$50 SR Mondays: Nov. 9 - Nov. 23
 Beverly Flaxington Adults

Often times in interpersonal communication we learn how to hit one another's buttons. We don't learn why those buttons exist and how to avoid pushing them. This class will teach the different communication styles and approaches, and different values we all hold. Material will cover how we not only can conflict, but why it can be so difficult to "get through" to those we care about. There will be take-away information for couples to work on and apply to real-life situations.

COUPONING 101

Walpole High School **CLASS #: ACO** 7:00 - 9:00pm
\$30 / \$35 NR / \$23 SR Tuesday, Oct. 20
 Beth Leney Adults

Why pay for anything when you can get it for free? Join us as we explore the world of refunding and couponing. This class will focus on techniques to stretch your dollar using the Internet, coupons and refunds. You'll never shop the same way again!

BEG. / INT. VOLLEYBALL

Elm St. Gym **CLASS #: ABV** 7:00 - 9pm
\$84 / \$90 NR / \$63 SR Wednesdays: Sept. 30 - Dec. 16
 Richard Edge Adults

Join us for fun and exercise at these pick-up volleyball games organized for the beginner to Intermediate level players. Please wear sneakers and comfortable clothing. **YOU MUST REGISTER FOR THIS CLASS IN ADVANCE. NO PROGRAM ON NOVEMBER 11 OR DECEMBER 9.**

CHESS, EVERYBODY?

Lower Blackburn **CLASS #: ACE** 3:30 - 5pm
\$96 / \$100 NR / \$72 SR Fridays: Oct. 17 - Dec. 18
 Miguel L. Zialcita, MD Adults

In this class, you will learn the rules of chess, how to avoid common mistakes and more. Recognize "tactical motifs" - the secret to calculating several moves in advance. A brief overview of strategy will be presented. All levels of ability are welcome. This is a great way to learn a classic game the whole family will spend countless hours enjoying. Please bring your own chess set if you have. **NO PROGRAM ON NOVEMBER 1 OR NOVEMBER 27.**

COLLEGE ADMISSION & FINANCIAL AID

WHS Room 1318 **CLASS #: ACF** 7:00 - 9pm
\$24 / \$30 NR / \$18 SR Wednesday, Oct. 7
 Ann Laurion Adults

Please join Ann Laurion, former Associate Dean of Admissions and Financial Aid, who, as an educational consultant, assists families through the college search, admissions application, and financial aid process. The "College Navigator" covers many important topics in this seminar including: how financial aid eligibility is determined, planning strategies for higher, middle, and lower-income families, college selection and the application process, and early decision - pros & cons! Parents of high school juniors and seniors will find this seminar especially helpful.

COOKING FOR ONE

Boyden Elementary School Kitchen **CLASS #: ACB** 4:00 - 5pm
\$60 / \$65 NR Tuesdays: Oct. 6 - Nov. 24
 Linda Palacios Adults

This class is for people who love to cook, but would like to learn how to cook delicious meals for 1 - 2 people instead of a whole family. Shopping skills will be taught, such as pantry staples and budget buying techniques. Then individual recipes will be created in front of the and with the class. When the session is over, the class will have a book full of recipes to create. **NO PROGRAM ON OCTOBER 27.**

ADULT PROGRAMS

CRUISIN COOKING CLASSES

Various Locations 7:30 - 8:30pm
\$20 / \$25 NR / \$10 SR See dates below
 Restaurant Staff Adults

If you have joined these classes before – the chefs will be preparing new items. If you’ve never taken this class before – you must. The chefs will demonstrate how to concoct a few of their specialties all while giving you general cooking tips and letting you taste the yummy creations.

CLASS #:	DATE:	LOCATION:
ACC1	Tuesday, Sept. 29	Jalapeno’s Grille
ACC2	Thursday, Oct. 29	A Little Something
ACC3	Monday, Nov. 9	Guido’s Restaurant

EVENING YOGA WITH MICHELLE **CLASS #: AEY**

Blackburn Hall 7:00 - 8:30pm
\$108 / \$113 NR Wednesdays: Sept. 30 - Nov. 4
 Michelle Lawlor Adults

Devote some time on Wednesday evenings to add balance to your week. Michelle’s yoga expertise will help make that happen. Michelle, owner of “Home Sweet Home Yoga,” is bringing her talents to Blackburn Hall. Come and explore yoga and take your body to a new level of fitness. Yoga will calm & relax the body, mind, and spirit by building inner and outer strength. Please bring a yoga mat, water, and wear comfortable clothing.

FRAME IT FOR BEGINNERS **CLASS #: AFB**

East Walpole Community Center 6:00 - 8pm
\$48 / \$53 NR Fridays: Sept. 18 - Oct. 9
 AnnMarie Dion Adults

Frame It! is a 4 week course on how to simply and quickly organize your photos, work with themes, and create frame-able scrap-pages you can hang on your walls, display on a coffee table, or give as a gift! Create beautiful layouts in minutes. It’s easy...when you know where to begin! (Bring your own photos to each class. Some themed-papers and templates will be supplied-- feel free to purchase your own and bring to class. Frames not supplied.)

GETTING PAID TO TALK **CLASS #: AGP**

Walpole High School 6:30 - 9pm
\$24 / \$30 NR / \$18 SR Wednesday, Oct. 14
 Voice Coaches Adults

Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our VoiceCoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally.

HEARTSAVER CPR & AED

Lower Blackburn 6:30 - 9:30pm
\$65 / \$70 NR Wednesdays: See dates below
 Robin Norberg and Ellen Nadeau Adults

This American Heart Association course covers CPR for the Adult/Child/Infant and instruction on the use of an Automated External Defibrillator. You will learn the necessary skills to identify and respond to the life threatening emergencies of cardiac arrest, respiratory arrest, and choking. This class includes an American Heart Association text book and CD. If you pass the course, you will receive a CPR certification card that is valid for two years. Target audiences are: childcare providers, teachers, personal trainers, parents, and daycare providers.

CLASS #:	DATE:
AHS1	October 21
AHS2	November 18
AHS3	December 16

HOW TO GET DEBT-FREE **CLASS #: ADF**

Walpole High School 6:30 - 9:30pm
\$30 / \$35 NR Tuesday, Dec. 15
 Blanchard Warren Adults

If I could teach you how to pay off all your debts, credit cards, car payments and other consumer debts, in as little as 1 to 4 years, wouldn’t you be curious to know how? What if I taught you how to pay off your 30-year mortgage in another 4 to 6 years and save you thousands of dollars in interest fees? If I showed you how to do this with your current income? Imagine true financial freedom and peace of mind. Come to this workshop. Bring your list of debts and a calculator to class. You will develop your own debt elimination plan that you can implement immediately into your lifestyle. **COURSE FEE INCLUDES A 12-PAGE WORKBOOK, \$8 VALUE. OPTIONAL TEXT IS AVAILABLE IN CLASS FOR \$44.**

HYPNOSIS FOR WEIGHT LOSS **CLASS #: AHH**

Walpole High School 7:00 - 9pm
\$35 / \$40 NR / \$26 SR Mondays: Sept. 28, Oct. 5, Oct. 19
 Charles Ferro Adults

This introductory level course teaches you to use hypnosis as a tool to help you lose weight - slowly and effectively, forever. Find out how behavior management through hypnosis can be powerfully used to help you improve your overall health and sense of well-being. Remember that the first week is a two-hour session, and the final two weeks of each session meet for one hour each.

INTERNET 101 **CLASS #: All**

WHS Computer Room 2304 7:00 - 8:30pm
\$96 / \$100 NR / \$72 SR Mondays: Sept. 28 - Nov. 23
 Sheila Niland Adults

This new 8-week introductory program is designed to teach you the basics such as information about the web, surfing, browsers, e-mail searching and terminology, and instant messaging. No computer experience is required. **NO PROGRAM ON OCTOBER 12.**

ADULT PROGRAMS

INTRO TO BALLROOM DANCE

Fred Astaire Dance Studio
\$96 / \$100 NR

CLASS #: AIB
 8:15 - 9pm
 Tuesdays: Sept. 29 - Nov. 17
 Adults

We are excited to announce that we will be offering beginners' level ballroom dance lessons through the "Fred Astaire Dance Studio" on Route 1 in Norwood. You will be introduced to the six major ballroom dances – Waltz, Tango, Foxtrot, Swing, Rumba, and Cha-Cha. You will be shown some of the basic elements and then when you feel confident with the figures, your instructor can introduce some of the techniques that make dancing feel less awkward and make you look better.

INTRO TO LONG-TERM CARE

Walpole High School
\$24 / \$30 NR / \$18 SR
 Mark Baron

CLASS #: ALT
 7:00 - 9pm
 Wednesday, Nov. 4
 Adults

You may think that long-term care is only for the very old, but illness and accidents can even cause young people to need long-term care. At any time of life, the cost of long-term care is tremendous, devastating to our retirement plans, physically exhausting, and emotionally draining to our families. To protect your family from these consequences, it's critical to plan for long-term care when you are in your 40's or 50's, while good health allows you more planning options. This class covers long-term care services, the costs, and how Medicare and Medicaid fit in. Long-term care insurance will be clearly explained, so you can learn how to evaluate different plans on your own without the sales pitch.

Mark Baron is the Director of Long Term Care Insurance for The Bulfinch Group, based in Needham. He focuses on individual and group LTC Insurance, and advises several financial professionals, to enable them make proper recommendations to their clients. Mark also owns Baron Long Term Care Insurance.

INTRO TO PC's / WINDOWS

WHS Computer Room 2304
\$96 / \$100 NR / \$72 SR
 Sheila Niland

CLASS #: APW
 7:00 - 8:30pm
 Wednesdays: Sept. 30 - Dec. 2
 Adults

Get a solid hands-on approach to PC hardware and an overview of popular business software. No computer experience is required. You will also learn the basic Windows concepts as well as tips on using and understanding the desktop and taskbar.
NO PROGRAM ON NOVEMBER 11 OR NOVEMBER 25.

INTRO TO MANAGEMENT & SUPERVISION **CLASS #: ALM**

Walpole High School
\$72 / \$77 NR / \$54 SR
 Anthony DeAngelis

7:00 - 9:00pm
 Tuesdays: Oct. 6 - Nov. 10
 Adults

This class is an introduction to management / supervisory skills. It is a competency based approach to managing people's performance. This program is designed to encourage participant involvement while learning and exploring the fundamental aspects of effective management. Among the topics that will be covered over the six sessions of this class are: What are competencies, conducting interviews, delivering effective training and coaching, correcting performance issues, conducting performance appraisals, and goal setting.

MEN'S BASKETBALL

Old Post Road Gym
\$64 / \$71 NR
 Volunteers

CLASS #: AMB
 6:30 - 8:30pm
 Fridays: Sept. 18 - Dec. 18
 Adults

These weekly pick-up basketball games at the Old Post Road School gym are for all ability levels. **NO PROGRAM ON SEPTEMBER 25, OCTOBER 30, NOVEMBER 27 AND DECEMBER 11.**

MINDFULNESS: ANTIDOTE TO STRESS

Walpole High School
\$60 / \$65 NR / \$45 SR
 Patricia Howard

CLASS #: AMF
 6:30 - 9pm
 Thursdays: Oct. 1 & Oct. 8
 Adults

Mindfulness is our ability to be present with what we are experiencing in an accepting way. For many of us this aspect of ourselves lies dormant within us. Life's challenges tend to get the better of us. The daily life of parenting, relationships, challenges with work, and finances increase our stress as we never take the time to unhook. While we cope as best as we can, our patterns are very reactive and take their toll on our health and the people around us. Mindfulness teaches us how to move from reacting to responding. We learn to accept what is and address what we need to at the appropriate time. In this class we will practice a number of Mindful exercises; body scan, yoga and sitting meditation. You may also have an experience of the peace that lies within you, waiting for you to come home. Bring a yoga mat or a blanket to sit on and wear comfortable clothing.

MUSCLES IN MOTION

See location below
\$96 / \$100 NR / \$72 SR
 Nicholas McDonough

See times below
 See dates below
 See ages below

In this class, instructor Nicholas McDonough will conduct two strength training & conditioning classes per week per age group, the first class consisting of an upper-body routine and the second class consisting of a lower-body routine. Both the upper-body class and the lower-body class will consist of a number of assorted exercises targeting specific areas of the body. Each class will begin with a 10-minute stretch and warm-up followed by the exercise routine. Participants will do 3 sets of each exercise with each set ranging between 8 – 12 repetitions. Every participant performs at his/her own pace. Each participant will start with using their own body weight until they get the form of the exercises down, then progress to free-weights, then stability balls. **NO PROGRAM ON OCTOBER 12.**

AGES 40 - 59

CLASS #:	DAYS:	DATE:	TIME:	LOCATION:
AMM1	Tues. & Thurs.	Sept. 29 - Oct. 22	7 - 8pm	WHS

AGES 60 AND UP

CLASS #:	DAYS:	DATE:	TIME:	LOCATION:
AMM2	Mon. & Wed.	Sept. 28 - Oct. 26	1 - 2pm	Lower Blackburn

ADULT PROGRAMS

PAINT OUTDOORS...EN PLEIN AIR

Meet at East Walpole Civic Center 9:00 - Noon
\$150 / \$155 NR Mondays: See dates below
 Susan Kelley Adults

This class is designed for both oil and pastel painters of all levels. We will meet outdoors (weather permitting - indoors if not) at various locations around Walpole during our beautiful New England autumn season. Instructor will call weekly with locations. **MATERIALS ARE NOT INCLUDED - A LIST OF SUPPLIES WILL BE GIVEN OUT AT THE TIME OF REGISTRATION. NO PROGRAM ON OCTOBER 12.**

CLASS #: **DATES:**
AEP1 Sept. 21 - Oct. 26
AEP2 Nov. 2 - Nov. 30

POWER VOLLEYBALL

Elm Street Gym 7:00 - 9pm
\$84 / \$90 NR / \$63 SR Mondays: Sept. 28 - Dec. 7
 Richard Edge Adults

This is a game for experienced players who possess a certain amount of quickness, alertness, coordination and who desire to further develop these skills in a competitive environment. **YOU MUST REGISTER FOR THIS CLASS IN ADVANCE. NO PROGRAM ON OCTOBER 12.**

PROFESSIONAL PUBLIC SPEAKING **CLASS #: APP**

Walpole High School 7:00 - 8:30pm
\$60 / \$65 NR / \$45 SR Thursdays: Oct. 1 - Oct. 29
 Matthew Fearnley Adults

This is a practical class that aims to find the speaker within. The class aims to separate speaker from content and train speakers to be in control and more confident. We will address the fear that comes with public speaking and how to embrace and overcome that fear. Children are welcome not as speakers, but to allow participants to deal with distraction.

SOCIAL SECURITY DISABILITY **CLASS #: ASD**

Lower Blackburn 7:00 - 9pm
\$20 / \$25 NR Tuesday, Oct. 13
 Leeann Ryder, ESQ Adults

This session will discuss tips for applying for Social Security Disability Insurance (SSDI) & Supplemental Security Income (SSI). This will take you through all the stages of the application including the appeal process as well as attending a hearing before an Administrative Law Judge. The instructor will discuss how best to complete forms as well as what documentation is most successful in winning your claim. LeeAnn will also answer frequently asked questions.

SPANISH FOR HEALTH CARE PROFESSIONALS **CLASS #: ASH**

Walpole High School 7:00 - 8pm
\$96 / \$100 NR / \$72 SR Thursdays: Oct. 1 - Nov. 19
 Myrza Rodriguez-Fearnley Adults

This class introduces basic phrases and words for those health care professionals who work with Spanish-speaking clients in the hospital, doctor's office, dental offices, and other health-care organizations in the area. Students will learn the basics of triad encounters, vital signs, follow-up instructions, discharge information, and other basic information.

SPANISH FOR PARENTS

Blackburn Hall 3:45 - 4:45pm
\$96 / \$100 NR / \$72 SR Tuesdays: Sept. 22 - Nov. 10
 Myrza Rodriguez-Fearnley Adults

In this class, we will be introducing basic phrases and words for those parents whose children are taking Spanish as a second language in school. The goal of this class is to prepare parents to help their children with their homework and to practice. By learning the language, parents will help their children to understand the importance of learning a second language in today's society. **CHILDREN (OF PARENTS ENROLLED IN THIS CLASS) THAT ARE PRESENTLY STUDYING SPANISH IN SCHOOL, ARE WELCOME TO ATTEND.**

STARTING THE COLLEGE SEARCH **CLASS #: ACS**

Walpole High School 7:00 - 9pm
\$24 / \$30 NR / \$18 SR Tuesday, Oct. 20
 Christa Panciocco, Debra McCauley Adults

Applying and gaining acceptance to college in today's competitive market creates stress and anxiety for both students and their parents. Parents are often confused about the many steps their child needs to take in the process of applying to college. This workshop will take parents through the college search and application process from start to finish. Join CollegeBound, a Walpole-based consulting service with over 15 years of experience in higher education, to learn strategies for organizing your child's college search. We will address the importance of researching schools; making college visits, submitting applications (early action and early decision), and what colleges look for in an applicant. Parents will leave this workshop with a clear understanding of the college application process from their child's junior year through senior year of high school.

TRANSFORMING CHANGES INTO OPPORTUNITIES **CLASS #: ATC**

Walpole High School 7:00 - 8:30pm
\$44 / \$50 NR / \$33 SR Tuesdays: Dec. 1 - Dec. 8
 Beverly Flaxington Adults

Some people take advantage of change seizing it and turning it into opportunity. Learn what skills and steps to take to be a person who sees change, and makes the best of it. Being proactive and ready to take advantage of whatever comes your way will be the key to successfully maneuvering through these transformative times.

UNDERSTANDING OTHER PEOPLE **CLASS #: AUO**

Walpole High School 7:00 - 8:30pm
\$66 / \$70 NR / \$50 SR Tuesdays: Oct. 13 - Oct. 27
 Beverly Flaxington Adults

This class is for anyone who experiences frustration dealing with other people - or who wishes they could generally communicate more effectively. The class will look at the different styles and approaches to communication and illustrate where we run into "conflict" and difficulties. We'll cover ways to recognize, modify and adapt for greater communication effectiveness in personal and business settings.

ADULT PROGRAMS

UNOBSTRUCT YOUR VIEW

Walpole High School

\$48 / \$54 NR / \$36 SR

Juliann Decker

CLASS #: AUV

7:00 - 9:00pm

Wednesdays: Sept. 30 - Oct. 21

Adults

Are you exhausted from fighting the clutter in your space? Do you feel like it controls you and sucks the life out from under you? Are your rooms screaming for a new fresh perspective on utilizing space and style without breaking the bank? If so, this is the class for you. This class will provide fun; functional, hands-on coaching techniques to assist you in obstructing your view in ANY room that needs some TLC. So if you're ready to reduce your stress, add more time to your schedule, and clear your mind to enjoy the things that REALLY matter to you, sign up today and take your first step in reclaiming your space!

WALPOLE COMMUNITY CHORUS

Lower Blackburn

\$48 / \$54 NR / \$36 SR

Susan Glancy

CLASS #: MVL2

7:30 - 8:30pm

Wednesdays: Sept. 30 - Dec. 2

Grades 9 - 12 and Adults

Do you love to sing? Have you been looking for the opportunity to exercise your vocal cords, but do not think you are ready for American Idol... yet? Here is your chance to receive professional voice instruction and have fun doing it. This is our very own Community Chorus. Performances will be featured throughout town at different holiday events after the last day of scheduled instruction. No prior musical or singing experience is required. **NO PROGRAM ON NOVEMBER 11 OR NOVEMBER 25.**

WOMEN'S BASKETBALL

Old Post Road Gym

\$64 / \$71 NR

Emily Foley

CLASS #: AWB

7:15 - 9:15pm

Wednesday: Sept. 16 - Dec. 2

Adults

These weekly pick-up basketball games at the Old Post Road School gym are for all adult levels. **NO PROGRAM ON NOVEMBER 11 AND NOVEMBER 25.**

WRITING POETRY

East Walpole Community Center

\$72 / \$77 NR / \$54 SR

Judy Katz-Levine

CLASS #: AWP

10:00 - Noon

Thursdays: Oct. 1 - Nov. 5

Adults

In this class, we will share our original poems in a supportive group. Emphasis will be placed on positive creative energy used to create beautiful and meaningful poetry. We will write in class as well, for example, to flute music, or to describe plants or nature objects, or to write poems on photograph or paintings. Haiku and prose poems, rhymed poetry and free verse, jazz poetry, all forms explored. The class itself will be an exploration of our positive creative energies and an exploration of language and its beauty. Contemporary poems written by local and international poets will also be introduced to the class members.

BOARD OF HEALTH

We all need to prepare for the Flu Season

It is ALWAYS a good idea to be vaccinated yearly for regular seasonal flu. In Walpole our first public clinic for seasonal flu will be on Tuesday, October 6, 2009 from 1-4 P.M. at Walpole Town Hall. Our first clinic will target people 50 years and older and people who are at high risk of serious flu complications (such as pregnant women and people with chronic illnesses). Most adults and children, except infants younger than six months should get vaccinated to reduce their chances of getting the flu. The reason our clinic is targeting people 50 years and older is because it is State supplied vaccine and that is the age that we are required to target with the free vaccine. Please check with your health care provider if you are not in that age range to get your seasonal flu vaccine.

Pneumonia is a serious complication of the flu. The best way to prevent one common kind of pneumonia is be vaccinated against it. The vaccine is called pneumococcal vaccine. The Health Department, Council on Aging and the Walpole Area VNA is sponsoring a pneumococcal vaccine clinic on Monday, September 21, 2009 at the Council on Aging starting at 12:30 P.M. for adults age 65 years and older and other adults who have serious long-term health problems or who have weakened immune systems.

This year, the federal government will be providing H1N1 vaccines. We are hoping that as many people as possible get vaccinated because the more people that get vaccinated, the better chance that we have to curb this influenza in Walpole. H1N1 vaccinations will most likely require having two doses given about 21-28 days apart. The Health Department will be scheduling public clinics for this once we have a better idea when the vaccines will arrive. These vaccines will also be prioritized based on the highest risk groups and the amounts of vaccines we receive. As we receive more vaccines, our list of people that we can vaccinate will grow. We will be giving more information about these clinics as they get closer.

Influenza is thought to spread mainly person to person through coughing and sneezing of infected people. Frequent hand washing with soap and water when possible, covering noses and mouths with a tissue when coughing or sneezing (or coughing or sneezing into your elbow) and staying home when you are sick will prevent you and others from spreading the disease. People give off more flu virus when they have a fever, so staying home during this time will be especially important to not spread the flu to friends, co-workers and fellow students. Follow public health advice regarding any school closures, avoiding crowds and other social distancing measures if they become necessary.

Planning now, for the possibility that you have to stay home from work or school is key. It is also important to think about storing a two week supply of water and food. During illness when you cannot get to a store, or if stores run out of supplies, it will be important for you to have extra supplies on hand. This can be useful in other types of emergencies as well, such as power outages and severe weather. Periodically check your regular prescription and non prescription drugs to ensure that you have a continuous supply available to you.

SENIOR TRIPS

BOURNE SCALLOP FESTIVAL

Meets at Blackburn Hall

\$60 / PERSON

Card Tours

Join your friends as we travel to Cape Cod for the Bourne Scallop Festival and a Cape Cod Canal Cruise. The festival is held on the grounds of Buzzards Bay Park, under the big tents. Here you'll find many crafters, merchants, and special entertainment. You're sure to like the special narrated 90-minute cruise down the Cape Cod Canal and free time to enjoy and visit the many crafters and entertainment. Enjoy a great scallop or BBQ chicken dinner.

CLASS #: OTG9

Pickup: **TBA**

Friday, Sept. 25

Ages 55 and up

VALENTINE'S DAY PARTY

Meets at Blackburn Hall

\$63 / PERSON

Card Tours

Celebrate this special day with your group of friends at the **Danversport Yacht Club**. After a delicious sit-down dinner, you're sure to enjoy the great entertainment we have in store for you today. Price includes transportation, a sit-down luncheon at The Danversport Yacht Club consisting of: Garden Salad, Boneless Breast of Chicken with home style bread stuffing and supreme sauce or Baked Boston Scrod topped with buttered Bread crumbs, Potato, Vegetable, Dessert and Coffee/Tea.

CLASS #: OTG2

Pickup: **TBA**

Thursday, Feb. 11

Ages 55 and up

TURKEY DINNER TRAIN

Meets at Blackburn Hall

\$69 / PERSON

Card Tours

Your day begins with a fall foliage tour as we head North to New Hampshire. We then board an original Boston and Maine railway car for an unforgettable two-hour train ride along the scenic Lake Winnepesaukee. A hand carved roast turkey dinner with all the fixings is served to you at your table as you travel through the scenic route of New Hampshire. A stop will also be made at an apple orchard.

CLASS #: OTG10

Pickup: **TBA**

Wednesday, Oct. 7

Ages 55 and up

ST. PATRICK'S DAY PARTY

Meets at Blackburn Hall

\$63 / PERSON

Card Tours

Join us for a day full of fine food and music as we celebrate St. Patrick's Day at the **Tewksbury Country Club**. Price includes transportation, a sit-down luncheon with Corned Beef and Cabbage Dinner served with soup, potato, vegetable, dessert and coffee/tea. Following lunch will be a show of live Irish music.

CLASS #: OTG3

Pickup: **TBA**

Wednesday, Mar. 17

Ages 55 and up

ATLANTIC CITY

Meets at Blackburn Hall

SEE FEES BELOW

Card Tours

Join your friends as they travel to Atlantic City to take their chances with "Lady Luck". Try your luck with the Slots, Black Jack, Craps or Roulette. Enjoy the many fine shops and restaurants or take a relaxing stroll along the Boardwalk with your friends. Price includes transportation, two nights at the Bally's Claridge Towers, a \$20 slot bonus and two breakfast meal vouchers.

CLASS #: OTG11

Pickup: **TBA**

Sun. - Tues.: Nov. 15 - 17

Ages 55 and up

* **Double Occupancy** **\$159 per person**

* **Single Occupancy** **\$258 per person**

THE WHITE MOUNTAINS

Meets at Blackburn Hall

SEE FEES BELOW

Card Tours

Join us for a wonderful two-day getaway as we travel to North Conway, New Hampshire and are surrounded by New Hampshire's beautiful White Mountains. The White Mountain Hotel features some of the most spectacular views in New England and will be beautifully decorated in the colonial style Christmas reminiscent of the famous décor of Colonial Williamsburg. Price includes transportation, a yuletide welcome reception, 1 night stay at the White Mountain Hotel and Resort, three meals (breakfast, lunch and a pick of the dinner menu) and two holiday entertainment shows.

CLASS #: OTG12

Pickup: **TBA**

Thurs. - Fri.: Dec. 10 - 11

Ages 55 and up

* **Double Occupancy** **\$199 per person**

* **Single Occupancy** **\$269 per person**

ALL FIELDS ARE REQUIRED

REGISTRATION FORM

PRIMARY CONTACT NAME: _____ PRIMARY CONTACT D.O.B.: _____ (REQUIRED)

EMAIL: _____

HOME PHONE: _____ CELL: _____ WORK PHONE: _____

MAILING ADDRESS: _____
(STREET) (TOWN) (ZIP)

SECONDARY CONTACT: _____ PHONE: _____

REGISTRANT KNOWN ALLERGIES: _____

CLASS #	REGISTRANT'S FULL NAME	SEX	DATE OF BIRTH (REQUIRED)	GRADE (FALL '09)	FEE
MAKE CHECKS PAYABLE TO : TOWN OF WALPOLE					TOTAL

READ AND SIGN BELOW: I am fully aware of the risks inherent and hereby give my consent for the above named registrant(s) to participate in the program(s) offered by the Walpole Recreation Department, and hereby release the Town of Walpole, any of its elected or appointed officials or instructors, employees, volunteers, or program coordinators from any and all liability from injuries, claims, demands, costs, loss of services, expenses and/or damages sustained by me or us or our minor children on account of his or her participation in said program or event.

DATE: _____ SIGNATURE: _____ PRINTED NAME: _____

_____ Registrants may be photographed while participating in Recreation Department programs. Please provide your permission to publish
INITIALS photographs of the enrolled registrants in our brochure or other printed material by providing your initials.

FOR OFFICE USE ONLY		TIME STAMP	COMPUTER INITIALS
DATE RECORDED: _____ / _____ / _____ 09	RECEIVED BY: _____	_____	
CK # _____ CASH # _____	AMOUNT: _____	_____	

**WALPOLE RECREATION DEPARTMENT
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