

The 36th Annual WALPOLE Labor Day ROAD RACE

*Featuring the Herb Lewis Memorial 10K Race and "Walpole Ed" 5K Race/Walk
Labor Day, Monday, Sept. 7, 2009 * Race begins 10:00 am at Walpole High School*

Proceeds to benefit the Walpole High School

Boys and Girls Cross Country, Winter Track and Spring Track Teams

ENTRY FEE: Pre-registration: \$20. Day of the Race: \$22. Ages 14 and under or 65 and over : \$15.

REGISTER: on-line at www.signmeup.com/65301 (no handling fee) or print and mail this form and fee (by September 2, 2009 to ensure it is received in time) to:

**P.O. Box 174, Walpole, MA 02081.
Checks payable to Walpole Road Race.**

FREE T-SHIRTS FOR THE FIRST 300 THAT PRE-REGISTER

Please Check: 10K Run _____ 5K Run _____ 5K Walk _____

Name _____ Phone # _____

Address _____

Town _____ State _____ Zip _____

e-mail _____

School/Club _____

Age (on race day): _____ Sex: Male Female

Age Group: 14 and under 15-19 20-29 30-39 40-49 50-59 60-69 70+

Waiver Must be read and signed before mailing: I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race, including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the event, and all sponsors, race officials, USATA, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event.

All fees are nonrefundable.

Signature (Parent if under 18) _____